

Winter Newsletter

Winter 2007-2008



Welcome!

Happy Holidays from all of us here at PARTNRS! We hope you are enjoying this holiday season. This holiday is really special because you are also celebrating a new addition to your family!

We are excited to keep you updated about the program and to give you some information about other services in your area for you and your new baby.

We also want to **thank you** for continuing to be involved with PARTNRS. The information that you provide in each interview is helping us create programs to help young moms, dads and families in our communities.



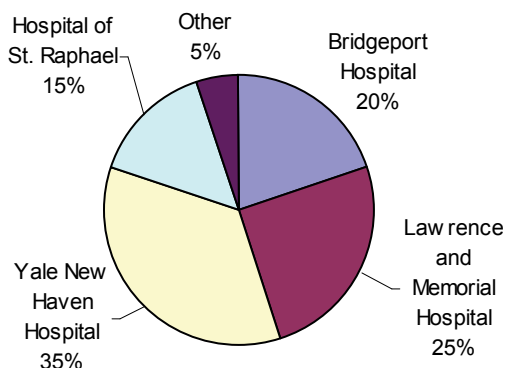
About PARTNRS

You probably remember that PARTNRS is a program focused on what life is like for young moms and dads as they prepare for a new baby, and what their experiences are during the baby's first year. Participants complete three interviews, one during pregnancy, one 6 months and one 12 months after the baby is born. We recruited you because you were expecting a new baby, you were 14 to 21 years old, and most importantly, you wanted to do something to help other expecting moms and dads in your community. **Hats off to you!**

All about the moms!

Ever wonder who else is participating in the PARTNRS program? Check out the information about the young moms, including you, that are participating in PARTNRS!

OB Clinics where PARTNRS moms receive care

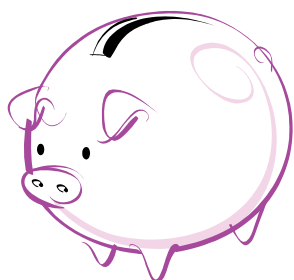


First Baby	60%
Age	
14–17	15%
18–21	85%
Race	
Hispanic	50%
African American	35%
White	10%
Other	5%

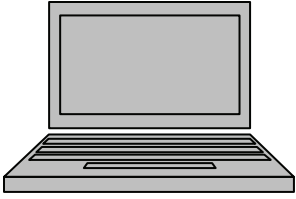
More goodies for you!

We all know the holiday season can really drain our pocketbooks, but PARTNRS has a bunch of ways to earn a little extra cash...

- Raffle for a **\$200 gift card** to Walmart or Target every 6 months! Come to your second interview and get **triple** the chance to win the next raffle!
- \$20 for **each** couple you refer to us that participates in the program
- \$25 at your 2nd interview and another \$50 at your 3rd interview



What will your next interview be like?



In your first interview you used a laptop computer to answer questions about your life, your relationships, the stressors in your life, what you think being a new mom will be like, and MUCH more. Your second interview will be very similar to your first interview and you will see many of the same questions. You will have a chance to tell us what the first 6 months of being a new mom has been like and how things have changed or stayed the same.

We will contact you to do this interview 6 months after the birth of your baby. You will also receive a **special gift** for you and your baby along with your **\$25**. You will also triple your chances of winning the raffle!

Resources for new moms

Remember you can dial 211 (CT Infoline) to get information on all kinds of resources in your area.

Bridgeport

Action for Bridgeport Community Development (ABCD)

1070 Park Ave, Bridgeport, CT 06604
203-366-8241

- Job readiness & computer training
- Help with heating and electric bills
- Children's health & learning services
- Referral services and more

New Haven

Katherine Brennan Family Resource Center

200 Wilmot Rd., New Haven, CT 06515
203-946-6171

- Free and reduced fee child care
- Help with heating and electric bills
- Adult education & computer training
- Referral services and more

New London

OIC of New London

106 Truman St, New London, CT 06320
860-447-1731

- Job and computer training programs

Child & Family Agency

255 Hempstead St., New London, CT
860-443-2896

- Child care & resource referral

Refer a couple and earn \$20!

Know a young couple that might be interested in joining the program? Earn an easy \$20 by having them give us a call and mention your name. If they participate, we'll give you an **extra** \$20 at your next interview!

\$200 Raffle!

Every 6 months we will be holding a drawing for a \$200 gift certificate to Walmart or Target. Our first drawing is in January 2008, so please keep your contact information up to date with us in order to claim your prize! Participating in your first interview got you one chance to win. Participating in your second interview gets you **3 chances** to win!



A note from the PARTNRS Program Director

Hello All! I would like to thank you for your participation in the PARTNRS program. We developed PARTNRS in order to better understand the changes people face during pregnancy. We are interested in how it is to become a new mom—and how it impacts your health and your baby's health. This is an opportunity to voice what is important to you. We will use this information to create programs that will help improve the health of you, your partner, and your children. Thanks for your participation. If it was not for YOU—none of this would be possible. Thanks again and happy holidays!

~Trace Kershaw, Head of PARTNRS Program



Changed your contact information?

Have you recently changed or do you plan to change your phone number or address? Give us a call and let us know so that we can not only get in touch with you about your next interview, but also so we can let you know if you **win the \$200 raffle!**

Here's how to reach us:

Our Office: 203-785-6029 OR 1-866-XPECTNG (1-866-973-2864)

Cynthia's Work Cell: 203-815-9533

Kwaku's Work Cell: 203-314-5330

